

GLUTEN FREE MENU

REFRESHMENTS & FOOD



FORKIDS

Ham, Egg & Chips
Hand carved ham, 1 fried egg & chips £4.25

Fish Fingers
Served with chips or mash & peas/beans..... £4.25

Chicken Goujons
Served with chips or mash & peas/beans..... £4.25

SWEETTREATS

We have a selection of gluten free cakes and Ice cream available. Please ask at the counter for our current availability



FORADULTS

Ham, Egg & Chips..... £5.95

Jacket Potato
Served with Side Salad
With Tuna..... £5.25
With Beans..... £4.95
With Coleslaw..... £4.95
With Cheese..... £4.95
Extra Topping 75p

Chicken Goujons
Served with chips and peas/beans..... £5.95

Fish Fingers
Served with chips and peas/beans..... £5.95

Chicken Tikka Masala
Served with Boiled Rice..... £6.65

Salad
GF Dressing on the side
With Grilled Chicken £5.45
With Cheese..... £5.15
With Tuna..... £5.15
With Ham..... £5.15

The dishes on this menu are prepared with no gluten containing ingredients. To reduce the risk of cross contamination from allergens during the preparation there are controlled procedures in the kitchen. Every care is taken to avoid any cross contamination when processing specific allergen free orders. We do however work in a kitchen that processes allergenic ingredients and do not have a specific allergen free zone or dedicated fryers. If you suffer from a food allergy or intolerance, please let your server know upon placing your order. Allergen data is held on each of our dish ingredients, so please ask your server in the restaurant should you require any more details.

Strict hygiene procedures are followed in our kitchen but due to the presence of nuts in some products there is a small possibility that nut traces may be found in any menu item. If you have any allergies, please tell your server when ordering.

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